



805houses@gmail.com

www.VenturaPropertyMgmt.com

805 390-0526

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Ventura County Events

18th Annual Oxnard Tamale Festival

*December 6th 9am - 6pm
C Street in Oxnard*

Westlake Holiday Sing-A-Long

*December 7th 3pm - 6pm
The Shops at Westlake Village*

Ventura Harbor Parade of Lights and Fireworks

*December 12 -13 4pm - 8:30pm
1583 Spinnaker Dr*

Parade of Lights in Channel Islands Harbor

*December 13th 7pm - 9pm
Channel Islands Harbor*

Annual Community Holiday Dinner in Thousand Oaks

*December 25th 11:30 - 1:30
Temple Adat Elohim*

Event is free and open to everyone. All are welcome!

It's Not Just A Cup Of Coffee

Coffee is one of the most popular beverages there is, with billions of cups enjoyed every year all around the world but did you know that coffee has an interesting history from its early beginnings to its legal issues. I found some fun facts on the Nescafe website that I thought would be fun to share.



Coffee goes back a really long way -

Coffee is thought to date back to 800 A.D., where it was believed discovered by 9th century goat herders in Ethiopia. It was said that they noticed their goats eating the plant and afterwards it appeared like they were 'dancing'. Fascinated by the results, the goat herder tried them himself and discovered that it made him excitable too.



Coffee is actually a fruit - Despite it being called a 'bean', coffee is actually a fruit. The 'beans' grow on a bush and are found in the center of a berry, known as a coffee cherry.

Brazil grows the most coffee in the world - It's widely known that Brazil is one of the biggest coffee hotspots, but did you know it's responsible for around a third of all the coffee in the world? Brazil is the number one coffee producer, followed by Vietnam and Colombia.

Coffee wasn't always for drinking - Before coffee was discovered to be a delicious beverage, it was actually a food. East African tribes would grind the berries and mix them with animal fat to eat.

There are 2 different types of coffee beans - Two types of coffee bean are used for drinking; Robusta and Arabica. Arabica has lower acidity and smoother taste, whereas Robusta is more acidic and bitter.

Decaf doesn't mean no caffeine - For a coffee to be classed as decaf, it needs to have less than 0.3% caffeine, but it still has some caffeine.

Welcome to Ventura Management

The Modabber Family
The Marquez Family

Happy Holidays!



*From all of us at
Ventura Management*

- *Need to buy or sell your home? Ask how we can save you thousands!*
- *Know someone who needs help with property management. We can help!*

Chris Marsh has been in the real estate business and serving the Ventura County area for over 35 years. He is well versed in all types of real estate matters.



Chris Marsh
805 630-4925



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It's Not Just A Cup Of Coffee (cont.)

Espresso contains less caffeine per serving than drip coffee. A typical espresso shot contains 63 mg of caffeine, while an 8-ounce cup of drip coffee has 95 mg. This surprising coffee trivia confuses people who assume espresso's intensity means higher caffeine content.



Coffee was once banned - Coffee wasn't always as loved as it is today. In the 18th century, governments tried to ban the beverage because it was thought to stimulate radical thinking. Our favorite drink was actually banned in Sweden for a while in 1746, along with anything related to it – including cups and saucers!

The most expensive coffee in the world costs \$600 per pound - Kopi Luwak is the most expensive coffee in the world, and as of 2019, it cost \$600 per pound. Native to Indonesia, the coffee is roasted after being eaten, digested and expelled by the Palm Civet. It's said that they only eat the very best, sweetest and freshest coffee cherries and when ingested, it's naturally fermented, giving it a distinctive flavor. Would you try a cup of Kopi Luwak?

The phrase "coffee break" was coined in the 1950s. The Pan-American Coffee Bureau promoted coffee breaks as productivity boosters in American workplaces. Fun facts about coffee drinkers include that these breaks became institutionalized in labor agreements and corporate culture. Research shows that brief breaks actually improve focus and productivity.

The next time you enjoy your morning coffee, remember that you're participating in a tradition that spans centuries and connects you and fellow coffee lovers around the world.

December Quote:

"When you talk, you are only repeating what you already know. But if you listen, you may learn something new."

Dalai Lama

Member of the National Association of Residential Property Managers

